

CANBERRA Equine HOSPITAL

Normal Physical Examination Parametres for Adult Horses

- Heart Rate 28-48 beats per minute
- Respiratory (breathing) Rate 6-20 breaths per minute
- Body Temperature 37-38.3°C
- Gentle gurgling sounds of the bowels both sides
- Light pink and moist mucous membranes with capillary refill time of <2 secs
- Pass 6-10 manures and 3-4 urinations every 24 hours
- A 500kg thoroughbred-sized horse drinks 20-25 litres every 24 hours



First Aid Kit for Horses

Items

- Thermometre
- Stethoscope
- Smooth-Ended Bandage Scissors
- Torch
- Box of Disposable Rubber Gloves
- Tweezers or curved hemostats for removing foreign material from wounds
- Hoofpick
- Twitch

Bandaging

- Gamgee, cotton wool or combine rolls for bandage padding
- Elastoplast

- Brown crepe bandages
- Melolin dressings
- Used fluid bags for foot padding over poultices
- Vetwrap (use with caution as tightens and constricts limb)
- Stable wraps

Wound Cleaning and Management

- Gauze swabs
- Chlorhexidine and/or iodine scrub (made up in pots, diluted concentrate 1:10 solution with sterile saline/water)
- 1L saline (Hartmann's/LRS) bags for washing wounds
- Animalintex/poultice material
- Flamazine (silverzine, silver based product)
- Medical grade Manuka honey
- Yellow lotion
- White healer
- Septicide (contains insect repellent)
- Zinc cream (for sunburn)
- Cetrigen (purple spray)
- BurnAid (human product for burns)

Medical – DO NOT ADMINISTER ANY MEDICATION UNLESS UNDER DIRECT ADVICE OF A VET

- Flunixin
- Dexamethasone
- Bute (phenylbutazone)
- Sulprim (TMS) Antimicrobial (paste or powder)
- Electrolytes (powder for dissolving in water and paste for giving by mouth). *NB Always provide fresh, plain water as well as electrolyte water in case the horse does not drink electrolytes.*
- Lacrilube for eyes
- Tricin Eye Ointment (antibiotic only, does not contain steroid, *Amacin* does contain steroid)
- A range of sizes of syringes and needles

